



Name _____ Class _____ Date _____

Play Ball!

Volleyball is fun to play because **everybody gets involved!** The game is unique because the same player isn't allowed to hit the ball twice in a row, so everyone **takes turns serving, passing, and setting** the ball. A team can hit the ball up to three times before they get it over the net.



The Court

- If you're playing **outside**, find a soft court made of sand or grass, and clean up any sharp objects that you see. Be sure to wear **sunscreen** and always **drink plenty of water**.
- The **net** is stretched across the middle of the **court** and adjusts to different heights — **7 ½ feet** for girls and **8 feet** for guys.



PREVIEW

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Fun Facts

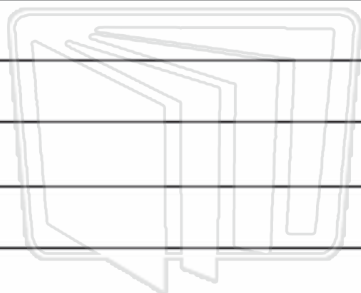
- Volleyball was invented by **William G. Morgan** in **1895**. He blended ideas from basketball, baseball, tennis, and handball to create the game, which he originally called "**mintonette**."
- Volleyball became an **Olympic sport** at the Tokyo games in **1964**.
- **Beach volleyball** was added to the Olympics in **1993**.





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Describe How to Play Volleyball



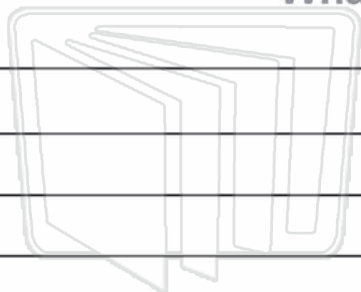
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PREVIEW

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What equipment is needed to play?



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