



Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

## HIV Transmission

The **spread of HIV** from person to person is called **HIV transmission**. HIV is spread through contact with certain body fluids from a person with HIV, such as **blood, semen** and **breast milk**.



### What factors increase the risk of HIV infection in adolescents?

Most youth who get HIV during adolescence are infected through **sex**. Many adolescents lack basic information about HIV and how to protect themselves from HIV infection.

The following are some factors that put adolescents at risk of HIV infection:



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of the virus.

## The HIV Stigma

You **can't get HIV** by shaking hands or hugging a person who has HIV. You also can't get HIV from contact with objects such as dishes, toilet seats, or doorknobs used by a person with HIV. HIV is **NOT spread** through the air, in **water**, or by **blood-sucking insects**, such as mosquitoes and ticks.





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Factors that put adolescents at risk of HIV infection:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



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